

Welcome to the Horizon's Sailing Program at SailMaine!



We are so excited to sail with you!

It is important to pack a bag before you leave the house with items to keep you comfortable all day...



Water



Sunscreen



Hat



Windbreaker



Sunglasses



**Closed
toe
shoes**

...because the weather can be unpredictable.

Sometimes it can be very hot.
Sometimes it can be windy and chilly.
Other times, it might rain.

First, you will park the car nearby and then walk along the Eastern Promenade Trail to reach the SailMaine center. It may take a few minutes to get from your car to the sailing center.



This is the main entrance.

Once you arrive, you will check in at the main office (located in the back). You can also go here for any questions you may have.



Summertime is a very busy time of year for SailMaine. You may find that it is crowded with other kids and adults who are preparing to sail—like you!



Next, you will meet Jordan. Jordan makes the sailing schedule and will let you know which instructor you will be sailing with for the day.



Then, you will meet your sailing instructor.



Your sailing instructor, or another volunteer, will help you pick out a life jacket.



Your life jacket may feel tight and bulky. This is how it is supposed to feel to keep you safe. **It is important to keep your life jacket buckled at all times.**

There are no bathrooms on the sail boats.



You may want to use the bathroom before you head to the boat ramp. The bathrooms are located next to the white tent where you found a life jacket.

Then, you and your group will walk down a long ramp together. This ramp will lead you towards the loading dock.



You will wait on the dock with your group until your sailing instructor says that it is okay to climb onto the sailboat.



You will load the sailboat one person at a time. Someone will be there to help you.

Then, the boat will leave the dock, and you will be sailing!



When you return from sailing, you will return your life jacket to the white tent.



Then, say good-bye!